

# MARAMATAKAMĀORI

LUNAR ENERGY CYCLE NON-PRINTABLE DIGITAL VERSION 2023 - 2024

Ngā Marama o te Ao  
Moons of the universe



Ngā marama o Whiro. Āta haere  
Be aware, be careful



Ngā marama o Tamatea, kore he hua  
Dull energy



Ngā marama o Rongo, he pai  
Gardening & growth



Ngā marama o Tangaroa, tino pai  
Fishing & productivity



Ngā marama o Rākaunui, he rawe  
High energy

Whiro	OUR MĀORI NEW YEAR BEGINS IN PĪPĪ	PIPIRI JUNE	HŌNGONGOI JULY	HERETURIKŌKĀ AUGUST	MĀHURU SEPTEMBER	WHIRINGA Ā NUKU OCTOBER	WHIRINGA Ā RĀNGI NOVEMBER	HAKIHEA DECEMBER	KOHITĒTEA JANUARY	HUI TANGURU FEBRUARY	POUTŪ TE RANGI MARCH	PAENGAWHĀWHĀ APRIL	HARATŪA MAY
1	MAURE	ŌHUA	ATUA-MATE-O-HOTU	RĀKAUNUI	RĀKAU-MATOHI	TAKIRAU	ŌIKE	KOREKORE-HAHANI	KOREKORE-WHAKATEHE	KOREKORE-HAHANI	KOREKORE-I-PIRI-KI-A-TANGAROA	KOREKORE-I-PIRI-KI-A-TANGAROA	1
2	MĀWHARU	ATUA-MATE-O-HOTU	ŌTURU	RĀKAU-MATOHI	TAKIRAU	ŌIKE	KOREKORE-HAHANI	KOREKORE-WHAKATEHE	KOREKORE-I-PIRI-KI-A-TANGAROA	KOREKORE-WHAKATEHE	TANGAROA-Ā-MUA	TANGAROA-Ā-MUA	2
3	ŌHUA	ŌTURU	RĀKAUNUI	TAKIRAU	ŌIKE	KOREKORE-HAHANI	KOREKORE-WHAKATEHE	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	3
4	ŌTURU	RĀKAUNUI	RĀKAU-MATOHI	ŌIKE	KOREKORE-HAHANI	KOREKORE-WHAKATEHE	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	TANGAROA-Ā-MUA	TANGAROA-Ā-KIOKIO	4
5	RĀKAUNUI	RĀKAU-MATOHI	TAKIRAU	KOREKORE-HAHANI	KOREKORE-WHAKATEHE	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	ŌTANE	ŌRONGONUI	ŌRONGONUI	5
6	RĀKAU-MATOHI	TAKIRAU	ŌIKE	KOREKORE-WHAKATEHE	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	ŌTANE	ŌTANE	ŌRONGONUI	ŌRONGONUI	6
7	TAKIRAU	ŌIKE	KOREKORE-HAHANI	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	TANGAROA-WHAKAPAU	ŌRONGONUI	ŌRONGONUI	MAURI	MAURI	7
8	ŌIKE	KOREKORE-HAHANI	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	TANGAROA-WHAKAPAU	ŌTANE	MAURI	MAURI	MAURI	MUTUWHENUA	8
9	KOREKORE-HAHANI	KOREKORE-WHAKATEHE	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	ŌTANE	ŌTANE	ŌRONGONUI	MUTUWHENUA	MUTUWHENUA	● WHIRO	MUTUWHENUA	9
10	KOREKORE-WHAKATEHE	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	TANGAROA-WHAKAPAU	ŌRONGONUI	ŌRONGONUI	MAURI	● WHIRO	● WHIRO	TIREA	TIREA	10
11	KOREKORE-I-PIRI-KI-A-TANGAROA	TANGAROA-Ā-MUA	TANGAROA-Ā-KIOKIO	ŌTANE	ŌTANE	MAURI	MAURI	MUTUWHENUA	TIREA	TIREA	OHOATA	OHOATA	11
12	TANGAROA-Ā-MUA	TANGAROA-Ā-ROTO	ŌTANE	ŌRONGONUI	ŌRONGONUI	MUTUWHENUA	MUTUWHENUA	● WHIRO	OHOATA	OHOATA	OHOATA	OHOATA	12
13	TANGAROA-Ā-ROTO	TANGAROA-Ā-KIOKIO	ŌRONGONUI	MAURI	MAURI	● WHIRO	● WHIRO	TIREA	OHOATA	OHOATA	OHOATA	OHOATA	13
14	ŌTANE	ŌTANE	MAURI	MUTUWHENUA	MUTUWHENUA	TIREA	TIREA	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	14
15	ŌRONGONUI	ŌRONGONUI	MUTUWHENUA	● WHIRO	● WHIRO	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	15
16	MAURI	MAURI	● WHIRO	TIREA	TIREA	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	OHOATA	16
17	MUTUWHENUA	MUTUWHENUA	TIREA	OHOATA	OHOATA	OKORO	OKORO	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	17
18	● WHIRO	● WHIRO	OHOATA	OHOATA	OHOATA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	18
19	TIREA	TIREA	OHOATA	OKORO	OKORO	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	19
20	OHOATA	OHOATA	OKORO	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	20
21	OHOATA	OHOATA	OKORO	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	21
22	OKORO	OKORO	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	22
23	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	TAMATEA	23
24	TAMATEA-Ā-NGANA	TAMATEA-Ā-NGANA	TAMATEA-KAI-ARIKI	HUNA	HUNA	MAURE	MAURE	MAURE	MAURE	MAURE	MAURE	MAURE	24
25	TAMATEA-Ā-ĀIO	TAMATEA-Ā-ĀIO	HUNA	ARI	ARI	MĀWHARU	MĀWHARU	ŌHUA	ŌHUA	ŌHUA	ŌHUA	ŌHUA	25
26	TAMATEA-KAI-ARIKI	TAMATEA-KAI-ARIKI	ARI	MAURE	MAURE	ŌHUA	ŌHUA	ŌHUA	ŌHUA	ŌHUA	ŌHUA	ŌHUA	26
27	HUNA	HUNA	MAURE	MĀWHARU	MĀWHARU	ŌTURU	ŌTURU	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	27
28	ARI	ARI	MĀWHARU	ŌHUA	ŌHUA	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	RĀKAUNUI	28
29	MAURE	MAURE	ŌHUA	ŌTURU	ŌTURU	RĀKAU-MATOHI	RĀKAU-MATOHI	TAKIRAU	ŌIKE	ŌIKE	ŌIKE	ŌIKE	29
30	MĀWHARU	MĀWHARU	ATUA-MATE-O-HOTU	RĀKAUNUI	RĀKAUNUI	TAKIRAU	TAKIRAU	ŌIKE	KOREKORE-HAHANI	KOREKORE-HAHANI	KOREKORE-HAHANI	KOREKORE-HAHANI	30
31	ŌHUA	ŌTURU	ŌTURU	RĀKAU-MATOHI	RĀKAU-MATOHI	ŌIKE	ŌIKE	KOREKORE-HAHANI	KOREKORE-HAHANI	KOREKORE-HAHANI	KOREKORE-HAHANI	KOREKORE-HAHANI	31

Whiro New Moon

Oturu Full Moon

Scan for detailed maramataka explanations

To Reo Māori To Reo Pākehā

- Te maruaroa o Hine Takurua Winter solstice
- Kōanga Spring equinox
- Te maruaroa o Hine Raumati Summer solstice
- Ngahuru Autumn equinox

